



University of Bahrain MICRO-CREDENTIAL



SPORTS PHARMACY

GENERAL INFORMATION

Duration: 4 Weeks

Total Hours: 40 Hours

Fees: 240 BD

Level: Undergraduate

Language: English

Pre-requisite: BSc in Pharmacy,
Nursing, or Physical Education

INSTRUCTOR BIOGRAPHY



Prof. Adnan A. Bekhit

Prof. Adnan A. Bekhit, a
Pharmaceutical

Chemistry expert, focuses
on drug development
and delivery systems.

With 30+ years of
experience, he has 115
publications and 3,420+
citations.



Micro-credential is a short, focused course designed to equip learners with specific skills and knowledge within a specialized area. It serves as a pathway to earning an equivalent certification for a core course, offering a flexible and targeted learning experience.

COURSE OVERVIEW

This micro-credential course explores the role of pharmacists in sports, focusing on safe medication use, performance enhancement, nutritional supplements, and ethical considerations in athlete care.

DELIVERY MODE

- In-Person Lectures
- Group Activities
- Hands-On Training
- Networking Opportunities
- Assessments

ASSESSMENTS

- Weekly Quizzes (20%).
- Case Studies (30%)
- Final Project (50%)

TARGET AUDIENCE

- PHAM Students
- Pharmacists
- Healthcare Professionals
- Sports Nutritionists
- Fitness and Wellness Coaches
- Students in Pharmacy or Sports Science
- Athletic Trainers
- Sports Administrators
- Regulatory and Compliance Officers

KEY TOPICS COVERED

- Introduction to Sport Pharmacy
- Medications and Supplements in Sports
- Regulations and Ethics in Sport
- Application and Assessment in Sport Pharmacy



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For further Information, please contact:

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<https://microcredentials.uob.edu.bh/>